

#### COVID-19 Vaccine Information

### Kansas, let's do this!





For college students and other young Kansans



# Is the vaccine safe for young people? Are there other risks for young people that might not be present for adults?

The Pfizer vaccine is safe for people ages 12 years and older. In clinical trials, enough young Americans participated to show that the vaccine is safe for people as young as 12 years.



### If young people are less likely to get sick from COVID-19, why do we need a vaccine?

Even though it is rare for children and young people to get seriously ill from COVID-19, young Americans who are 12 years and older have needed hospital care for COVID-19.

This is especially true for young people with underlying health conditions such as weakened immune systems, obesity or chronic lung conditions. Having the vaccine may also give families peace of mind to return to more typical activities like in-person instruction and participating in sports, which is great for mental health.



#### Does the COVID-19 vaccine affect fertility?

No. The vaccine does not get incorporated into or change the DNA of the body's cells in any way. There is no reason to worry that the vaccine will affect fertility or future offspring.



#### Do I even need to worry about COVID-19?

There is the false idea that COVID-19 is only a concern for older people.

Although COVID-19 causes more problems in the elderly, young Americans are not spared. COVID-19 can cause a severe condition called MIS-C (Multisystem Inflammatory Syndrome-Children) disease in children and young people. It affects multiple organs of the body, causing organ failure. Recovery requires many days in the ICU.



## Can I hang out with friends and family if I get the COVID-19 vaccine?

Young people and families alike can have more peace of mind about the safety of resuming usual activities, which can support better mental health.

In group activities, teens should continue to wear masks. In one-on-one activities where a teen and their friend are both fully vaccinated, they can feel comfortable removing their masks so long as no one in either household is high-risk and unvaccinated.



### What are the long-term side effects of the COVID-19 vaccines?

There are ongoing studies to understand the long-term side effects of the COVID-19 vaccine. However, vaccines rarely cause long-term side effects.

#### **NEXT STEPS HOW DO I GET THE VACCINE?**

To find a vaccine provider, visit Vaccine Finder (www.vaccines.gov/search/), contact your Local Health Department, call 211, or call the KDHE COVID-19 Hotline (866-534-3463 / 866-KDHEINF). You can also text your zip code to 438829 (GETVAX) or 822862 (VACUNA) for assistance in English and Spanish, respectively.